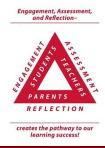


### Middle School Newsletter

From: Dr. Flaherty Week of: February 6, 2017 dflaherty@masconomet.org



February 2017		
Monday, February 6	D Day	After school help 2:20- 2:50 p.m. Old School Video, 3:00-4:00 p.m.
Tuesday, February 7	E Day	After school help 2:20- 2:50 p.m. Ping Pong 3:00-4:00 p.m. Learn Italian 3:00-4:00 p.m. Winter Workouts 3:00 – 4:00 p.m.
Wednesday, February 8	F Day	After school help 2:20- 2:50 p.m.  Knee Hockey 3:00- 4:00 p.m.  Ping Pong 3:00 – 4:00 p.m.  Risk 3:00- 4:00 p.m.  Seussical Rehearsal/JoJo, Cat, Thing 1, Thing 2, Horton, Jungle Animals, Bird Girls, Mr. Mayor, Mrs. Mayor  Music - "Horton Hears a Who"  3:00 – 5:00 p.m./Auditorium
Thursday, February 9	A Day	After school help 2:20 - 2:50 p.m.  Handy Crafts 3:00 - 4:00 p.m.  Old School Video 3:00 - 4:00 p.m.  Ping Pong 3:00 - 4:00 p.m.  Writers' Club 3:00 - 4:00 p.m.  JoJo, Cat, Thing 1, Thing 2, Horton, Jungle  Animals, Bird Girls, Mr. Mayor,  Mrs. Mayor  Blocking/Dance- "Horton Hears a Who"  3:00 - 4:00 p.m./Auditorium
Friday, February 10	B Day	Volleyball 6:00- 7:00 a.m.

Messages from Principal Flaherty: Join Us on Twitter @Masco\_Principal.

### **Future City Competition**

On January 21, 2017 a group of students representing the Masconomet Middle School STEM club attended the New England Regional Future City Competition in Boston. The program challenges students to think of problems that cities may face in the future and solve those problems. This year the challenge was focused around the power of public spaces. Masco's own, Team Vanir placed 4th overall, took home the BSCES award for Best Health System, the BSCES award for Best Educational System, and the AECOM award for Most Innovative Infrastructure Design Concept.



Members of team Vanir pose with their award. From left to right William Scheirey, Marc Gaudin, Matthew Aronson, John Dimino, Erika Ding, Lily Fishman, Tracy Weener, Emily Winslow, and Leo Scaramozza.



Members of team Sipapu pose with their award. From left to right Samuel Evans, Sam Burnham, Liam Gillespie, Joe Dox, Ana Popescu, Trixie Delfino, Ada Yu, and Karina Patel

### Masco Excels, Session II

See the above calendar as a reminder of the day your child's activity is running. It is important that students are picked up at 4:00 p.m. A staff member will wait until students participating in Excels are picked up or a note is sent in allowing the student to walk or ride their bikes home. As such, any student that is repeatedly not picked up by 4:15 p.m. may not be able to continue to participate in their activity.

### **Tri-Town Council**

Please see the attached flyers from Tri-Town Council for upcoming events.

#### **Masco Million:**

Masco Million Results: **All Team weekly** results **19,705** and the **Grand total**: **621,567** pages. We only have 378,498 pages left to meet our goal. When teams all record pages read, amazing page number totals result. Congratulations **teams** on your page totals this week! Please continue to encourage your child to enter pages read from their textbooks, short stories, or any other reading done in class. These figures represent the numbers logged in by 3:00 PM Thursday, February 2, 2017.

Team	Week Total	Total
7 Blue	4,436	80,951
7 Red	0	123,138
7 White	1,577	121,356
8 Blue	1,202	82,943
8 Red	805	91,361
8 White	11,685	121,818

### Masco Babe Ruth Baseball Registration is open for the 2017

Open to 13-15 year olds. Any player born prior to May 1, 2004 and on or after May 1, 2001 will be eligible for Babe Ruth 13-15 League competition. The season begins in late April, runs through mid-June, approximately 20 games, Big Diamond!

13's (prep) play M-W-F 14-15's (majors) play T-Th-Sat 16-18's TBD

League consists of Masco, Danvers, Peabody and Ham/Wenham. Tryout/Clinic Dates and location TBD League volunteers needed and welcome! Contact Brian Hubbard at <a href="mailto:briankenthubbard@me.com">briankenthubbard@me.com</a> for openings. Registration will be closing on March 5thTo register please go to <a href="http://www.taasports.com/Baseball/BabeRuth.aspx">http://www.taasports.com/Baseball/BabeRuth.aspx</a>

### **Upcoming Dates of Importance**

February 17, 2017	Close at Regular Hour for Winter Vacation (homework free vacation)
March 15, 2017	Trimester 2 Ends





# Under Construction! What Every Parent Must Know About Your TWEEN/TEEN'S Brain Development

Dr. Ruth Potee will discuss teen brain development, its impact on risk-taking behavior, including the use of drugs and alcohol, and what this means for parents of teens. Come learn more about what parents and the community can do to keep our teens safer, healthier and substance-free throughout their middle (5th grade and up) and high school years.



## Thursday, February 9, 2017 7:00pm—Masconomet Auditorium REGISTER HERE

This program is free & open to the public.

Dr. Potee practices family medicine in Greenfield and was honored by the Franklin District Medical Society as the 2015 Community Clinician of the Year. She is Chair of the Healthcare Solutions Opioid Task Force of Franklin County and has addressed professional and community audiences on related topics throughout the state.



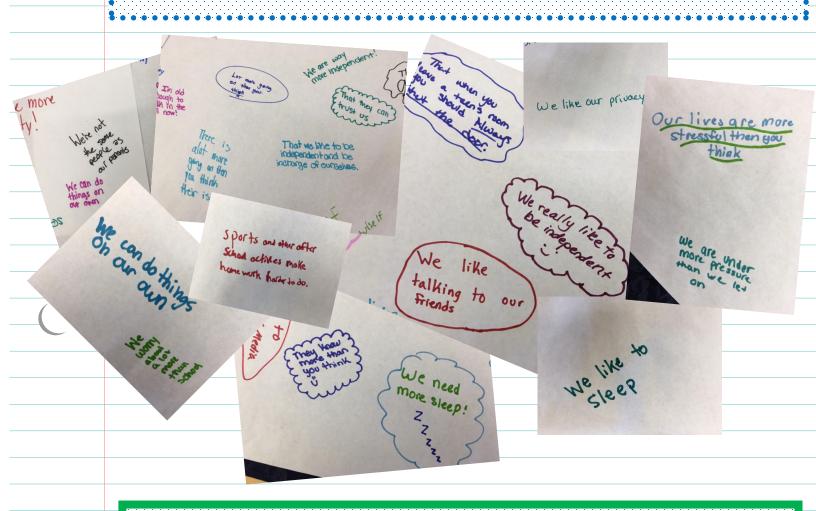




On a recent "Tag It Tuesday", Tri-Town Council asked
Masco Middle School youth...

What do you wish adults in the tri-town knew about teens?

Here's what they had to say...



### What about SUPPORT?

Caring, supportive relationships between adults and youth are critical for raising healthy, resilient adolescents. And one of the main components of good youth-adult relationships is support. But just what does support really mean?

- · Giving affirmation, acceptance and love freely
- Surrounding youth with caring families, guardians, friends, teachers, neighbors, and other caring, trusted adults
- Helping youth know that they belong and they matter
- Helping youth recognize they are loved and lovable
- Acknowledging youth voices are important and heard

Did you know that **6** of the **40 Developmental Assets** involve supportive relationships with caring adults? Click <u>here</u> to read more about the 40 Assets and the positive impact they have on healthy youth development!



### Presents....

## **Stand Tall!**

A FUN program JUST for GIRLS in gr 6-8 about Inner Strength, Confidence, and Having the Courage to be Yourself!

Snacks!

Games!

Share ideas!

Awesome discussions about friends, social media, and what matters to YOU!

**Media Exploration!** 

Activities to get you THINKING about YOU!

Meet new friends in the Tri-Town!

Join facilitators Julie Benson & Courtney Bush

For Stand Tall!

a FOUR-SESSION Program (free)\* - spaces are limited Wednesdays, March 1, 8, 15, 22

3:45pm—5:45pm

Attending all 4 weeks is expected as each session builds on the week before.

Emerson Center - 9 East Common Street, Topsfield

Parents/guardians: REGISTER HERE or call (978) 887-6512

Space is limited so register ASAP \*(this is a free program thanks in part to The Women's Fund of Essex County)

Julie Benson holds dual Masters degrees in Clinical Mental Health Counseling and School Guidance Counseling & Courtney Bush, Ed.S, NCSP, holds an Ed.S. degree in school psychology



## **Stand Tall!**

### **Stand Tall!**

...Is a program for middle school-age girls (gr 6-8) to engage them in a dynamic environment, fostering their sense of "who they are" and to "find their voice" in the tumultuous middle school years – often the time when budding young teens and leaders can be silenced by social pressures.



**Session 1 Overviews:** media's portrayal of girls/women versus boys/men; how does our self -awareness and self-esteem play a part in this?

**Session 2 Overview**: connecting self-esteem to body image; what is a friend? and how to successfully navigate friendships in dynamic environments.

**Session 3 Overview:** Different types of relationships; healthy vs. unhealthy and how that connects to self-esteem; also—assertiveness: the right way to say no, and strategies to not feeling pressured by peers.

**Session 4 Overview:** a deeper look at our self-esteem and what that means in the choices we make through friendships, relationships, school, and family and learning to **STAND TALL!** 

Lead by Julie Benson, Guidance Counselor, and Courtney Bush School Psychologist, this will be a great program for our girls to discover and renew their inner strengths.

**Four Wednesdays**, 3:45pm-5:45pm—March 1, 8, 15, 29 The Emerson Center, 9 East Common Street, Topsfield

Commitment to all four is required as the program builds on each session

Register HERE

Spaces are limited—register ASAP